



CULTURE BITS

Success and Potential

One way to define success is “is the fulfillment of potential.” There are many areas in life that we want to be successful at- whether that is in our relationships, our careers, in our communities, etc. and by using this definition, we can gauge our success in any area of life.

There is an important lesson to be learned when applying this idea to workplace safety. Success does not lie in the end result when it comes to safety. It is determined through the process. How you approach safety each day determines your success.

Are you a worker who is okay with being “good enough” when it comes to safe work practices or safety rules that your company has in place? Are you doing just enough to stay out of trouble? Or just enough to not get hurt? If so, you are not successful in this area, even if you are not getting hurt.

This is because you are capable of more. You can raise the bar for not only yourself but for the others around you by doing more than the minimum.

Yes, on paper, you may end with the same result of no safety write-ups or injuries as someone who does not put their best effort out. But you know that you did what it takes day in and day out to ensure success when it comes to safety. You weren't relying on luck or just getting by.

When you approach life with this mindset you can challenge yourself to be more than the status quo. You will do more to have the self-satisfaction that you fulfilled your potential instead of aiming lower to satisfy someone else's definition of success.

Points to Ponder

- What is considered “success” for you last year will not be this year.
- Holding a high standard for yourself in one area will impact how you approach other areas in your life.
- Don't let others define success for you, especially those who aim low for themselves.
- The process is more important than the outcome.